

CVDA SUMMER '23

JUNE 26TH - AUGUST 18TH 2023

DANCE SKILLS ARE LIFE SKILLS



NEWBERG | MCMINNVILLE | WEST SALEM

COMING TO CLASS

- arrive 5 minutes early
- bring a water bottle
- put your hair up
- wear appropriate attire
- dancers go to class independently - take a walk, read a book, run an errand

dress code link <https://iheartcvda.com/dress-code/>

STAY HYDRATED

Dancers need to drink extra water during summer dance - especially if they have spent time outside before class.

We have water refill stations at all locations and give regular water breaks in class.



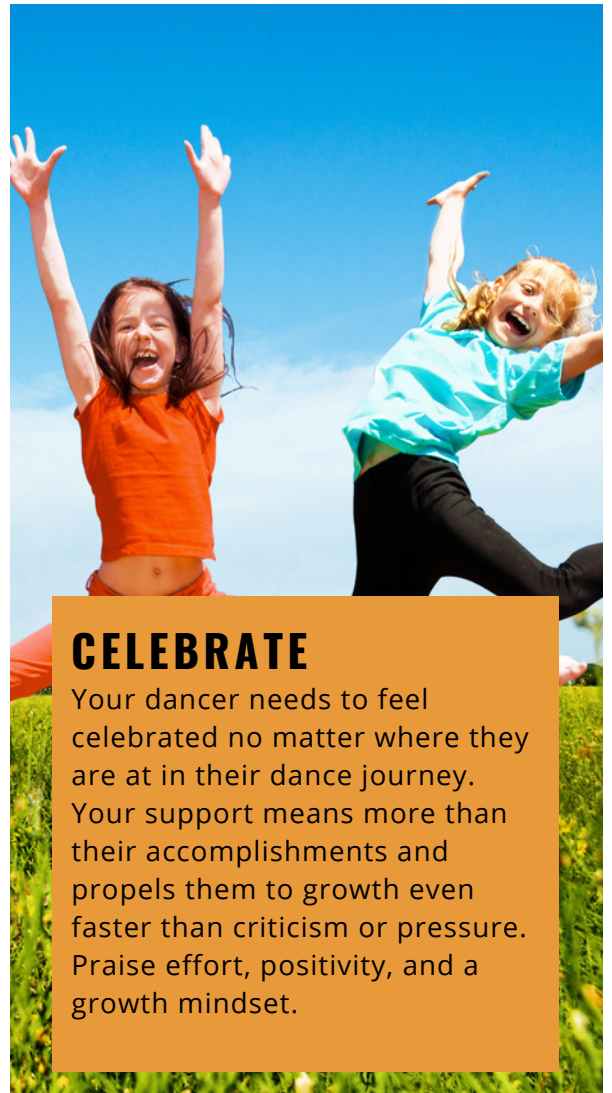
IMPORTANT DATES

- Tuesday July 4th - NO CLASS
- Monday August 14th - Thursday August 17th - Final Week and Parent Watch Week
- Friday August 18th - July 4th Make Up Day



CELEBRATE

Your dancer needs to feel celebrated no matter where they are at in their dance journey. Your support means more than their accomplishments and propels them to growth even faster than criticism or pressure. Praise effort, positivity, and a growth mindset.





CHEHALEM VALLEY DANCE ACADEMY
dance skills are life skills

On Site Admin Hours

West Salem

Tuesdays 4:00 - 6:00
Thursdays 3:45 - 5:45

Newberg

Mondays 2:30 - 6:00
Tuesdays 1:30 - 6:30
Wednesdays 1:30 - 6:30
Thursdays 1:30 - 6:30
Fridays 12:30 - 5:30
Saturdays 10:30 - 2:30

Mac

Mondays 3:00 - 6:00
Tuesdays 1:00 - 5:00
Wednesdays 3:00 - 6:00
Thursdays 3:30 - 5:00

Reach us!

Text line 503.766.5266
Email office@iheartcvda.com
Call us 503.537.3902

Summer Dance Camps Ages 3+

July 10th - 13th
July 24th - 27th
July 31st - Aug 3rd
Aug 7th - 10th

Register at iheartcvda.com

CONNECT WITH US

WWW.IHEARTCVDA.COM

@IHEARTCVDA

@IHEARTCVDAMAC

@CVDAWEST

